

## COVID-19 Community of Practice for Ontario Family Physicians – February 24, 2023, Long COVID

*\*Resources are current as of Feb 24, 2023 - subject to change due to frequent updated guidance. Any updates to resource list, along with the session recording, slides and Q&A can be found here - <https://www.dfc.utoronto.ca/covid-19-community-practice/past-sessions>*

### **COVID-19 CoP Resources**

- **COVID 19 CoP resources and past session recordings** - <https://www.dfc.utoronto.ca/covid-19-community-practice/past-sessions>
- **COVID-19 CoP self-learning program** - <https://dfcm.utoronto.ca/covid-19-community-practice/past-sessions>
- **COVID-19 Vaccination in Canada:** An educational series for primary care professionals - Self-learning E-modules - <https://www.dfc.utoronto.ca/covid19-vaccination-modules>

### **General Vaccine Resources:**

COVID-19 Community of Practice for Ontario Family Physicians - <https://www.dfc.utoronto.ca/covid-19-community-practice>

Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/covid-19>

Centre for Effective Practice - <https://cep.health/clinical-products/covid-19-vaccines/>

### **Shared Resources**

CMAJ: Diagnosing post-COVID-19 condition (long COVID) in adults

<https://www.cmaj.ca/content/195/2/E78>

CMAJ: Assessing common and potentially modifiable symptoms of post-COVID-19 condition (long COVID) in adults

[https://www.cmaj.ca/content/195/2/E76?utm\\_source=TrendMD&utm\\_medium=cpc&utm\\_campaign=CMAJ\\_TrendMD\\_0](https://www.cmaj.ca/content/195/2/E76?utm_source=TrendMD&utm_medium=cpc&utm_campaign=CMAJ_TrendMD_0)

CMAJ: Treating common and potentially modifiable symptoms of post-COVID-19 condition (long COVID) in adults

[https://www.cmaj.ca/content/195/2/E80?utm\\_source=TrendMD&utm\\_medium=cpc&utm\\_campaign=CMAJ\\_TrendMD\\_0](https://www.cmaj.ca/content/195/2/E80?utm_source=TrendMD&utm_medium=cpc&utm_campaign=CMAJ_TrendMD_0)

Ontario Health: Post–COVID-19 Condition: Guidance for Primary Care

[https://www.ontariohealth.ca/sites/ontariohealth/files/2021-12/PostCovidConditionsClinicalGuidance\\_EN.pdf](https://www.ontariohealth.ca/sites/ontariohealth/files/2021-12/PostCovidConditionsClinicalGuidance_EN.pdf)

Wellesley Institute: Long COVID: Literature Scan to Inform Policy Response in the GTA

<https://www.wellesleyinstitute.com/publications/long-covid-literature-scan-to-inform-policy-response-in-the-gta/>

OCFP: Long COVID resources

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/long-covid>

Canadian Journal of Health Technologies: Specialized Clinics and Health Care Professional Resources for Post–COVID-19 Condition in Canada

<https://canjhealthtechnol.ca/index.php/cjht/article/view/ES0372>

LONG COVID WEB

<https://www.longcovidweb.ca/>

Steps to Justice: Long COVID and ODSP

<https://stepstojustice.ca/questions/income-assistance/i-think-i-have-long-covid-can-i-get-odsp/>

Community Legal Education Ontario (CLEO): Disability benefits in Ontario: Who can get them and how to apply

<https://www.cleo.on.ca/en/publications/disabben>

Steps to Justice: How do I start an ODSP application?

<https://stepstojustice.ca/questions/income-assistance/how-do-i-start-odsp-application/>

The Legal Clinic: Completing ODSP Applications

<https://www.legalclinic.ca/wp-content/uploads/2020/08/Completing-ODSP-applications.pdf>

Disability Alliance BC: CPP-D Self Help Guides | Application Guide

<https://disabilityalliancebc.org/cpp-applicationguide/>

CEP: Long-term symptoms / Post-acute sequelae of COVID-19 (PASC)

<https://tools.cep.health/tool/covid-19/#long-term-symptoms-post-acute-sequelae-of-covid-19-pasc>

WSIB: Submitting COVID-19 claim information

<https://www.wsib.ca/en/covidclaim>

OCFP: Income Support Applications for Long COVID Patients: Tips for Family Physicians

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/long-covid/long-covid-income-supports.pdf>

OCFP: Completing Ontario Disability Support Program (ODSP) Applications: Checklists and Tips for Family Physicians

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/long-covid/odsp-applications-fp-checklists.pdf>

Participant shared resource: CCS guidance on POTS: [https://www.onlinecjc.ca/article/S0828-282X\(19\)31550-8/fulltext#:~:text=Current%20guidelines%20define%20POTS%20as,chronic%20symptoms%20of%20orthostatic%20intolerance.](https://www.onlinecjc.ca/article/S0828-282X(19)31550-8/fulltext#:~:text=Current%20guidelines%20define%20POTS%20as,chronic%20symptoms%20of%20orthostatic%20intolerance.)

Participant shared resource: Free monthly ECHO program for providers on long covid

<https://physicians.utah.edu/echo/long-covid>

Expanded eligibility for PCR testing – now includes:

<https://www.ontario.ca/page/covid-19-testing-and-treatment#section-1>

Ministry of Health: Prescribing & Dispensing Publicly Funded Paxlovid in Ontario Pharmacies – Frequently Asked Questions

[https://www.health.gov.on.ca/en/pro/programs/drugs/opdp\\_eo/notices/fq\\_exec\\_office\\_pharm\\_20230206.pdf](https://www.health.gov.on.ca/en/pro/programs/drugs/opdp_eo/notices/fq_exec_office_pharm_20230206.pdf)

Collection of MOH resources - child's routine childhood immunizations and COVID-19 vaccines:

<https://drive.google.com/drive/folders/1ISLaua3gh6le6caNMHYTSzqEkF7yEfD7?usp=sharing>

OCFP President's Message: COVID-19, PPE/testing supplies stockpile, tools to support your practice and more (February 14, 2023)

<https://www.ontariofamilyphysicians.ca/news-features/news/~289-COVID-19-PPE-testing-supplies-stockpile-tools-to-support-your-practice-and-more>

OCFP: Solutions for Today: Ensuring Every Ontarian Has Access to a Family Physician (January 24, 2023)

<https://www.ontariofamilyphysicians.ca/news-features/news/~283-Solutions-for-Today-Ensuring-Every-Ontarian-Has-Access-to-a-Family-Physician>

Government of Ontario: Your Health: A Plan for Connected and Convenient Care

<https://www.ontario.ca/page/your-health-plan-connected-and-convenient-care>

OCFP: Ontario College of Family Physicians responds to Ontario's plan, Your health: A Plan for Connected and Convenient Care (February 2, 2023)

<https://www.ontariofamilyphysicians.ca/news-features/news/~284-Ontario-College-of-Family-Physicians-responds-to-Ontario-s-plan-Your-health-A-Plan-for-Connected-and-Convenient-Care>

OCFP: When to get a fall COVID-19 booster

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/covid-19-vaccines/when-you-should-get-a-booster-dose-flowchart.pdf>

OCFP: Answers to Family Physician Questions about Long COVID

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/long-covid-qa.pdf>

OCFP: Long COVID in Adults

<https://www.ontariofamilyphysicians.ca/tools-resources/covid-19-resources/long-covid/long-covid-in-adults.pdf>

CanTreatCOVID Project: <https://cantreatcovid.org/>

Government of Ontario: PPE Supply Portal Registration Form

<https://forms.office.com/pages/responsepage.aspx?id=KRLczSqsI0u3ig5crLWGXXzSG50kIPsPpJe32pqLJUODU3OUNCQUZaT1BVMDNVMIVZR001WDZNNwi4u>

GMSH: Clinics in Ontario by region: MPX: What We Know

<https://gmsh.ca/blog/2022/05/20/mpx/>

Scarborough Health Network: Patient may book one-to-one phone consultation with a VaxFacts clinic doctor

<https://www.shn.ca/vaxfacts/>

eHealth Centre of Excellence: Catalogue of digital tools and resources to help you in your practice

<https://www.dfcu.utoronto.ca/sites/default/files/inline-files/ECE%20Shared%20Resources.pdf>